# **Bellefontaine Middle School Lunch Menu**

**MENUS - Subject to Change** 

January 2024

LUNCH PRICES
\$2.25 - Reduced \$.00

## **LUNCH INCLUDES**

Entrée 2 Vegetables / 1 Fruit Choice of Milk

## IN PLACE OF ENTRÉE

Tuesday - Pizza Wednesday - Cook's Choice Thursday - Pizza

#### **FRUIT**

Fruit of the Day, Fresh Fruit or 100% Fruit Juice

### **MILK**

Chocolate FF or White %

# Free & Reduced Price Meal Applications

May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved "school fees" may be waived

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
		Nacho Grande	Garlic Cheesy Bread	Fish Wedge on Bun <u>or</u>
NO	NO	tortilla chips/meat/cheese sauce	Green Beans	BBQ Shredded Pork on Bun
		Graham Crackers	Carrots / Cucumber Slices	Broccoli / Cheese Sauce
SCHOOL	SCHOOL	Corn / Salad Blend	Orange Wedges	Fresh Veggies
		Pineapple	Choice of Milk	Fruit
		Choice of Milk		Choice of Milk
8	9	10	11	12
Mini Corn Dogs	Breaded Chicken on Bun	Cheese Quesadilla	Chicken Wrap	
Baked Beans	Potato Wedges	California Blend	tortilla wrap / chicken / cheese	NO
Carrots / Celery Sticks	Fresh Broccoli	Fresh Veggies	Steamed Carrots	
Fruit	Fruit	Fruit	Salad Blend	SCHOOL
Choice of Milk	Choice of Milk	Choice of Milk	Fruit	
			Choice of Milk	
15	16	17	18	19
	Ham & Cheese Calzone	Soft Taco	Breaded Chicken on Bun	Cheese Filled Breadsticks
NO	Peas	tortilla wrap / meat / cheese	Broccoli / Cheese Sauce	Marinara Sauce <u>or</u>
	Salad Blend	Refried Beans	Carrots / Celery Sticks	BBQ Beef Rib on Bun
SCHOOL	Jello with Fruit /Topping	Salad Blend	Fruit	Sweet Potato Wedges
	Choice of Milk	Fruit	Choice of Milk	Fresh Veggies / Fruit
		Choice of Milk		Choice of Milk
22	23	24	25	26
Mini Corn Dogs	Chieftain Bowl	Crazy Taco	Hamburger/Cheese on Bun	Garlic Cheesy Bread
Steamed Carrots	Dinner Roll	tostitos chips / meat / cheese	Baked Beans	or Meatball Sub
Fresh Veggies	Fresh Broccoli	Graham Crackers	Cucumber Slices / Carrots	Green Beans
Fruit	Pineapple	Corn / Salad Blend	Fruit	Fresh Veggies
Choice of Milk	Choice of Milk	Fruit	Choice of Milk	Orange Wedges
		Choice of Milk		Choice of Milk
29	30	31		
Chicken Nuggets	Grilled Cheese Sandwich	Soft Taco		
Dinner Roll	Tomato Soup / Crackers	tortilla wrap / meat / cheese		
California Blend	Salad Blend	Refried Beans		
Fresh Broccoli	Fruit	Salad Blend		
Fruit	Choice of Milk	Orange Wedges		
Choice of Milk		Choice of Milk		

# " BREAKFAST "

Serving: 7:05am - 7:20am

Free to All Students

You May Choose 2 Fruits

# Weekly Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes or	Cinnamon Bun	Cook's Choice	Mini Cinnis <u>or</u>	Pop Tart <u>or</u>
Mini Waffles	<u>or</u> Muffin	Assorted Fruit	Cereal Bar / String Cheese	Mini Pancakes
Assorted Fruit	Assorted Fruit	Choice of Milk	Assorted Fruit	Assorted Fruit
Choice of Milk	Choice of Milk		Choice of Milk	Choice of Milk

This institution is an equal opportunity provider.