



Bellefontaine Intermediate School Lunch Menu

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Grilled Cheese Sandwich Tomato Soup / Crackers Celery Sticks Fruit Juice Choice of Milk	2 Cheesy Taco meat / cheese / potatoes Dinner Roll Potato Wedges/Salad Blend Applesauce Choice of Milk	3 Pepperoni Pizza Green Beans Fresh Broccoli Orange Wedges Choice of Milk
6 Breaded Chicken on Bun Broccoli / Cheese Sauce Fresh Veggies Fruit Choice of Milk	7 Meatball Sub Tator Tots Cherry Tomatoes Fruit Juice Choice of Milk	8 Chicken Wrap tortilla wrap / chicken / cheese Corn Salad Blend Mixed Fruit Choice of Milk	9 Mini Corn Dogs Baked Beans Fresh Veggies Jello with Fruit / Topping Choice of Milk	10 Stuffed Crust Pizza Steamed Carrots Salad Blend Pineapple Choice of Milk
13 Hamburger/Cheese on Bun French Fries Cucumber Slices Pears Choice of Milk	14 Chicken Nuggets Dinner Roll Sweet Potato Fries Fresh Broccoli Peaches Choice of Milk	15 Crazy Taco tostitos chips / meat / cheese Refried Beans Salad Blend Fruit Juice Choice of Milk	16 Turkey-Ham/Cheese on Bun Potato Wedges Salad Blend Applesauce Choice of Milk	17 Cheese Pizza Green Beans Baby Carrots Orange Wedges Choice of Milk
20 Cheese Filled Breadstick Pizza Sauce Steamed Carrots Salad Blend Fruit Juice Choice of Milk	21 Turkey Breast Steak Dinner Roll Mashed Potatoes / Gravy Fresh Veggies Mixed Fruit / Cookie Choice of Milk	22	23	24
Thanksgiving Break				
27 NO SCHOOL	28 Mini Corn Dogs Corn Fresh Broccoli Pears Choice of Milk	29 Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Fruit Juice Choice of Milk	30 Pizza Ripper Green Beans Baby Carrots Peaches Choice of Milk	

MENUS - Subject to Change

LUNCH PRICES
\$2.00 - Reduced \$.00

LUNCH INCLUDES
Entrée
2 Vegetables / 1 Fruit
Choice of Milk

FRUIT
Fruit of the Day
or Fresh Fruit

MILK
Chocolate FF & White 1%

SALAD BLEND
Romaine / Iceberg Lettuce

IN PLACE OF ENTRÉE
Peanut Butter Sandwich

Free and Reduced Price Meal Applications

May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved
"school fees" may be waived

"BREAKFAST"

Serving: 8:15am - 8:35am
Free to All Students
You May Choose 2 Fruits

Weekly Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal <u>or</u> Graham Cracker String Cheese Assorted Fruit Choice of Milk	Cook's Choice <u>or</u> Mini Cinni Assorted Fruit Choice of Milk	Pop Tart <u>or</u> Donut Assorted Fruit Choice of Milk	Cook's Choice <u>or</u> Muffin Assorted Fruit Choice of Milk	Cereal <u>or</u> Graham Cracker String Cheese Assorted Fruit Choice of Milk

This institution is an equal opportunity provider.

