



# Bellefontaine Middle School Lunch Menu

MENUS - Subject to Change

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Fruit Choice of Milk	2 Breaded Chicken on Bun Broccoli / Cheese Sauce Carrots / Celery Sticks Fruit Choice of Milk	3 Cheese Filled Breadsticks Marinara Sauce <u>or</u> BBQ Beef Rib on Bun Sweet Potato Wedges Fresh Veggies / Fruit Choice of Milk
6 Mini Corn Dogs Steamed Carrots Fresh Veggies Fruit Choice of Milk	7 Chieftain Bowl Dinner Roll Fresh Broccoli Pineapple Choice of Milk	8 Crazy Taco tostitos chips / meat / cheese Graham Crackers Corn / Salad Blend Fruit Choice of Milk	9 Hamburger/Cheese on Bun Baked Beans Cucumber Slices / Carrots Fruit Choice of Milk	10 Cheese Quesadilla <u>or</u> Meatball Sub Green Beans Fresh Veggies Orange Wedges Choice of Milk
13 Chicken Nuggets Dinner Roll California Blend Fresh Broccoli Fruit Choice of Milk	14 Grilled Cheese Sandwich Tomato Soup / Crackers Salad Blend Fruit Choice of Milk	15 Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Orange Wedges Choice of Milk	16 BBQ Beef Rib on Bun Tator Tots Carrots / Cherry Tomatoes Fruit Choice of Milk	17 Breaded Chicken on Bun <u>or</u> Mozzarella Cheese Sticks Marinara Sauce Peas / Fresh Veggies Fruit Choice of Milk
20 Hamburger/Cheese on Bun Baked Beans Fresh Veggies Jello with Fruit /Topping Choice of Milk	21 Turkey Breast Steak Dinner Roll Mashed Sweet Potatoes Salad Blend Fruit Choice of Milk	<b>Thanksgiving Break</b>		
27 NO  SCHOOL	28 Breaded Chicken on Bun Potato Wedges Fresh Broccoli Fruit Choice of Milk	29 Cheese Quesadilla California Blend Fresh Veggies Fruit Choice of Milk	30 Chicken Wrap tortilla wrap / chicken / cheese Steamed Carrots Salad Blend Fruit Choice of Milk	

**LUNCH PRICES**  
\$2.25 - Reduced \$0.00

**LUNCH INCLUDES**  
Entrée  
2 Vegetables / 1 Fruit  
Choice of Milk

**IN PLACE OF ENTRÉE**  
Tuesday - Pizza  
Wednesday - Cook's Choice  
Thursday - Pizza

**FRUIT**  
Fruit of the Day, Fresh Fruit  
or 100% Fruit Juice

**MILK**  
Chocolate FF or White %

**Free & Reduced Price Meal Applications**  
May be submitted anytime.  
Applications available in  
Final Forms, school office,  
BCS website or  
call 593-9060 ext. 3309

If application is approved  
"school fees" may be waived

**" BREAKFAST "**

Serving: 7:05am - 7:15am  
Free to All Students  
You May Choose 2 Fruits

**Weekly Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes <u>or</u> Mini Waffles Assorted Fruit Choice of Milk	Cinnamon Bun <u>or</u> Muffin Assorted Fruit Choice of Milk	Cook's Choice Assorted Fruit Choice of Milk	Mini Cinnis <u>or</u> Cereal Bar / String Cheese Assorted Fruit Choice of Milk	Pop Tart <u>or</u> Mini Pancakes Assorted Fruit Choice of Milk











