



Bellefontaine Intermediate School Lunch Menu

October 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 2 Breaded Chicken on Bun Broccoli / Cheese Sauce Fresh Veggies Baked Apple Slices Choice of Milk | 3 Meatball Sub Tator Tots Cherry Tomatoes Fruit Juice Choice of Milk | 4 Chicken Wrap tortilla wrap / chicken / cheese Corn Salad Blend Mixed Fruit Choice of Milk | 5 Mini Corn Dogs Baked Beans Fresh Veggies Jello with Fruit / Topping Choice of Milk | 6 Stuffed Crust Pizza Steamed Carrots Salad Blend Pineapple Choice of Milk |
| 9 Hamburger/Cheese on Bun French Fries Cucumber Slices Pears Choice of Milk | 10 Chicken Nuggets Dinner Roll Sweet Potato Fries Fresh Broccoli Peaches Choice of Milk | 11 Crazy Taco tostitos chips / meat / cheese Refried Beans Salad Blend Fruit Juice Choice of Milk | 12 Turkey-Ham/Cheese on Bun Potato Wedges Salad Blend Applesauce Choice of Milk | 13 Cheese Pizza Green Beans Baby Carrots Orange Wedges Choice of Milk |
| 16 Popcorn Chicken Dinner Roll Mashed Potatoes / Gravy Fresh Veggies Mixed Fruit Choice of Milk | 17 Cheese Filled Breadstick Pizza Sauce Steamed Carrots Salad Blend Fruit Juice Choice of Milk | 18 Hot Dog on Bun Baked Beans Fresh Veggies Pineapple Choice of Milk | 19 Macaroni & Cheese Peas Cherry Tomatoes Applesauce Choice of Milk | 20 NO SCHOOL |
| 23 NO SCHOOL | 24 Mini Corn Dogs Corn Fresh Broccoli Pears Choice of Milk | 25 Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Fruit Juice Choice of Milk | 26 Pizza Ripper Green Beans Baby Carrots Peaches Choice of Milk | 27 Hamburger/Cheese on Bun French Fries Salad Blend Orange Wedges Choice of Milk |
| 30 Chicken Tenders Dinner Roll Potato Smiles Salad Blend Mixed Fruit Choice of Milk | 31 Hot Dog on Bun Baked Beans Baby Carrots Peaches Choice of Milk | | | |

MENUS - Subject to Change

LUNCH PRICES
\$2.00 - Reduced \$.00

LUNCH INCLUDES
Entrée
2 Vegetables / 1 Fruit
Choice of Milk

FRUIT
Fruit of the Day
or Fresh Fruit

MILK
Chocolate FF & White 1%

SALAD BLEND
Romaine / Iceberg Lettuce

IN PLACE OF ENTRÉE
Peanut Butter Sandwich

**Free and Reduced Price
Meal Applications**

May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved
"school fees" may be waived

"BREAKFAST"

Serving: 8:15am - 8:35am
Free to All Students
You May Choose 2 Fruits

Weekly Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| Cereal <u>or</u> Graham Cracker String Cheese Assorted Fruit Choice of Milk | Cook's Choice <u>or</u> Mini Cinni Assorted Fruit Choice of Milk | Pop Tart <u>or</u> Donut Assorted Fruit Choice of Milk | Cook's Choice <u>or</u> Muffin Assorted Fruit Choice of Milk | Cereal <u>or</u> Graham Cracker String Cheese Assorted Fruit Choice of Milk |

This institution is an equal opportunity provider.

