

Bellefontaine Middle School Lunch Menu



MENUS - Subject to Change

October 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Corn Dogs Steamed Carrots Fresh Veggies Fruit Choice of Milk	3 Chieftain Bowl Dinner Roll Fresh Broccoli Pineapple Choice of Milk	4 Crazy Taco tostitos chips / meat / cheese Graham Crackers Corn / Salad Blend Fruit Choice of Milk	5 Hamburger/Cheese on Bun Baked Beans Cucumber Slices / Carrots Fruit Choice of Milk	6 Pizza Sub <u>or</u> Meatball Sub Green Beans Fresh Veggies Orange Wedges Choice of Milk
9 Chicken Nuggets Dinner Roll California Blend Fresh Broccoli Fruit Choice of Milk	10 Grilled Cheese Sandwich Tomato Soup / Crackers Salad Blend Fruit Choice of Milk	11 Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Orange Wedges Choice of Milk	12 Ham & Cheese Calzone Tator Tots Carrots / Cherry Tomatoes Fruit Choice of Milk	13 Breaded Chicken on Bun <u>or</u> Mozzarella Cheese Sticks Marinara Sauce Peas / Fresh Veggies Fruit Choice of Milk
16 Chicken Sticks Dinner Roll Mashed Sweet Potatoes Salad Blend Fruit Choice of Milk	17 Hamburger/Cheese on Bun Baked Beans Fresh Veggies Jello with Fruit /Topping Choice of Milk	18 Nacho Grande tortilla chips/meat/cheese sauce Graham Crackers Corn / Salad Blend Pineapple Choice of Milk	19 Garlic Cheesy Bread Green Beans Carrots / Cucumber Slices Orange Wedges Choice of Milk	20 NO SCHOOL
23 NO SCHOOL	24 Breaded Chicken on Bun Potato Wedges Fresh Broccoli Fruit Choice of Milk	25 Cheese Quesadilla California Blend Fresh Veggies Fruit Choice of Milk	26 Chicken Wrap tortilla wrap / chicken / cheese Steamed Carrots Salad Blend Fruit Choice of Milk	27 Hamburger/Cheese on Bun <u>or</u> Hot Dog on Bun French Fries Fresh Veggies Fruit Choice of Milk
30 Chicken Nuggets Dinner Roll Green Beans Fresh Veggies Orange Wedges Choice of Milk	31 Ham & Cheese Calzone Peas Salad Blend Jello with Fruit /Topping Choice of Milk			

LUNCH PRICES
\$2.25 - Reduced \$0.00

LUNCH INCLUDES
Entrée
2 Vegetables / 1 Fruit
Choice of Milk

IN PLACE OF ENTRÉE
Tuesday - Pizza
Wednesday - Cook's Choice
Thursday - Pizza

FRUIT
Fruit of the Day, Fresh Fruit
or 100% Fruit Juice

MILK
Chocolate FF or White %

Free & Reduced Price Meal Applications
May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved
"school fees" may be waived

" BREAKFAST "

Serving: 7:05am - 7:15am
Free to All Students
You May Choose 2 Fruits

Weekly Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes <u>or</u> Mini Waffles Assorted Fruit Choice of Milk	Cinnamon Bun <u>or</u> Muffin Assorted Fruit Choice of Milk	Cook's Choice Assorted Fruit Choice of Milk	Mini Cinnis <u>or</u> Cereal Bar / String Cheese Assorted Fruit Choice of Milk	Pop Tart <u>or</u> Mini Pancakes Assorted Fruit Choice of Milk

This institution is an equal opportunity provider.

