



Bellefontaine Intermediate School Lunch Menu

September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
NO SCHOOL	Chicken Nuggets Dinner Roll Sweet Potato Fries Fresh Broccoli Peaches Choice of Milk	Crazy Taco wrap / meat / cheese Refried Beans Salad Blend Fruit Juice Choice of Milk	Breaded Chicken on Bun Potato Wedges Salad Blend Applesauce Choice of Milk	Cheese Pizza Green Beans Baby Carrots Orange Wedges Choice of Milk
11	12	13	14	15
Popcorn Chicken Dinner Roll Mashed Potatoes / Gravy Fresh Veggies Mixed Fruit Choice of Milk	Cheese Filled Breadstick Pizza Sauce Steamed Carrots Salad Blend Fruit Juice Choice of Milk	Hot Dog on Bun Baked Beans Fresh Veggies Pineapple Choice of Milk	Macaroni & Cheese Peas Cherry Tomatoes Applesauce Choice of Milk	Stuffed Crust Pizza Broccoli / Cheese Sauce Salad Blend Peaches Choice of Milk
18	19	20	21	22
Breaded Chicken on Bun Mashed Sweet Potatos Cucumber Slices Applesauce Choice of Milk	Mini Corn Dogs Corn Fresh Broccoli Pears Choice of Milk	Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Fruit Juice Choice of Milk	Pizza Ripper Green Beans Baby Carrots Peaches Choice of Milk	Hamburger/Cheese on Bun French Fries Salad Blend Orange Wedges Choice of Milk
25	26	27	28	29
Chicken Tenders Dinner Roll Salad Blend Mixed Fruit Choice of Milk	Hot Dog on Bun Baked Beans Baby Carrots Peaches Choice of Milk	Grilled Cheese Sandwich Tomato Soup / Crackers Celery Sticks Fruit Juice Choice of Milk	Cheesy Taco meat / cheese / potatoes Dinner Roll Potato Wedges/Salad Blend Applesauce Choice of Milk	Pepperoni Pizza Green Beans Fresh Broccoli Orange Wedges Choice of Milk

MENUS - Subject to Change

LUNCH PRICES
\$2.00 - Reduced \$.00

LUNCH INCLUDES
Entrée
2 Vegetables / 1 Fruit
Choice of Milk

FRUIT
Fruit of the Day
or Fresh Fruit

MILK
Chocolate FF & White 1%

SALAD BLEND
Romaine / Iceberg Lettuce

IN PLACE OF ENTRÉE
Peanut Butter Sandwich

Free and Reduced Price Meal Applications
May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved
"school fees" may be waived

"BREAKFAST"
Serving: 8:15am - 8:35am
Free to All Students
You May Choose 2 Fruits

Weekly Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal <u>or</u> Graham Cracker String Cheese Assorted Fruit Choice of Milk	Cook's Choice <u>or</u> Mini Cinni Assorted Fruit Choice of Milk	Pop Tart <u>or</u> Donut Assorted Fruit Choice of Milk	Cook's Choice <u>or</u> Muffin Assorted Fruit Choice of Milk	Cereal <u>or</u> Graham Cracker String Cheese Assorted Fruit Choice of Milk

This institution is an equal opportunity provider.