



Bellefontaine Middle School Lunch Menu

MENUS - Subject to Change

September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
NO SCHOOL	Grilled Cheese Sandwich Tomato Soup / Crackers Salad Blend Mixed Fruit Choice of Milk	Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Orange Wedges Choice of Milk	BBQ Beef Rib on Bun California Blend Fresh Broccoli Pears Choice of Milk	Breaded Chicken on Bun <u>or</u> Mozzarella Cheese Sticks Marinara Sauce Peas / Fresh Veggies Peaches Choice of Milk
11	12	13	14	15
Chicken Sticks Dinner Roll Mashed Sweet Potatoes Salad Blend Applesauce Choice of Milk	Hamburger/Cheese on Bun Baked Beans Fresh Veggies Jello with Fruit /Topping Choice of Milk	Nacho Grande tortilla chips/meat/cheese sauce Graham Crackers Corn / Salad Blend Pineapple Choice of Milk	Garlic Cheesy Bread Green Beans Carrots / Cucumber Slices Orange Wedges Choice of Milk	Fish Wedge on Bun <u>or</u> BBQ Shredded Pork on Bun Broccoli / Cheese Sauce Fresh Veggies Mixed Fruit Choice of Milk
18	19	20	21	22
Mini Corn Dogs Baked Beans Carrots / Celery Sticks Peaches Choice of Milk	Breaded Chicken on Bun Potato Wedges Fresh Broccoli Baked Apple Slices Choice of Milk	Cheese Quesadilla California Blend Fresh Veggies Pears Choice of Milk	Chicken Wrap tortilla wrap / chicken / cheese Steamed Carrots Salad Blend Applesauce Choice of Milk	Hamburger/Cheese on Bun <u>or</u> Hot Dog on Bun French Fries Fresh Veggies Mixed Fruit Choice of Milk
25	26	27	28	29
Chicken Nuggets Dinner Roll Green Beans Fresh Veggies Orange Wedges Choice of Milk	Ham & Cheese Calzone Peas Salad Blend Jello with Fruit /Topping Choice of Milk	Soft Taco tortilla wrap / meat / cheese Refried Beans Salad Blend Applesauce Choice of Milk	Breaded Chicken on Bun Broccoli / Cheese Sauce Carrots / Celery Sticks Mixed Fruit Choice of Milk	Cheese Filled Breadsticks Marinara Sauce <u>or</u> BBQ Beef Rib on Bun Sweet Potato Wedges Fresh Veggies / Pears Choice of Milk

LUNCH PRICES
\$2.25 - Reduced \$0.00

LUNCH INCLUDES
Entrée
2 Vegetables / 1 Fruit
Choice of Milk

IN PLACE OF ENTRÉE
Tuesday - Pizza
Wednesday - Cook's Choice
Thursday - Pizza

FRUIT
Fruit of the Day, Fresh Fruit
or 100% Fruit Juice

MILK
Chocolate FF or White %

Free & Reduced Price Meal Applications
May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved
"school fees" may be waived

" BREAKFAST "

Serving: 7:05am - 7:15am
Free to All Students
You May Choose 2 Fruits

Weekly Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes <u>or</u> Mini Waffles Assorted Fruit Choice of Milk	Cinnamon Bun <u>or</u> Muffin Assorted Fruit Choice of Milk	Cook's Choice Assorted Fruit Choice of Milk	Mini Cinnis <u>or</u> Cereal Bar / String Cheese Assorted Fruit Choice of Milk	Pop Tart <u>or</u> Mini Pancakes Assorted Fruit Choice of Milk

This institution is an equal opportunity provider.

