# **Bellefontaine Middle School Lunch Menu**

**MENUS - Subject to Change** 

**MONDAY** 

**TUESDAY** 

May 2023

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

|          | 1  |                         | 2                         | 3                              | 4                                | 5                         |
|----------|----|-------------------------|---------------------------|--------------------------------|----------------------------------|---------------------------|
|          |    | Mini Corn Dogs          | Breaded Chicken on Bun    | Cheese Quesadilla              | Chicken Wrap                     | Hamburger/Cheese on Bun   |
|          |    | Baked Beans             | Potato Wedges             | California Blend               | tortilla wrap / chicken / cheese | <u>or</u> Hot Dog on Bun  |
|          |    | Carrots / Celery Sticks | Fresh Broccoli            | Fresh Veggies                  | Steamed Carrots                  | French Fries              |
|          |    | Peaches                 | Baked Apple Slices        | Pears                          | Salad Blend                      | Fresh Veggies             |
|          |    | Choice of Milk          | Choice of Milk            | Choice of Milk                 | Applesauce                       | Mixed Fruit               |
|          |    |                         |                           |                                | Choice of Milk                   | Choice of Milk            |
|          | 8  |                         | 9                         | 10                             | 11                               | 12                        |
|          |    |                         | Ham & Cheese Calzone      | Soft Taco                      | Breaded Chicken on Bun           | Cheese Filled Breadsticks |
|          |    | NO                      | Peas                      | tortilla wrap / meat / cheese  | Broccoli / Cheese Sauce          | Marinara Sauce <u>or</u>  |
|          |    |                         | Salad Blend               | Refried Beans                  | Carrots / Celery Sticks          | BBQ Beef Rib on Bun       |
|          |    | SCHOOL                  | Jello with Fruit /Topping | Salad Blend                    | Mixed Fruit                      | Sweet Potato Wedges       |
| Ē        |    |                         | Choice of Milk            | Applesauce                     | Choice of Milk                   | Fresh Veggies / Pears     |
|          |    |                         |                           | Choice of Milk                 |                                  | Choice of Milk            |
| ce       | 15 |                         | 16                        | 17                             | 18                               | 19                        |
|          |    | Mini Corn Dogs          | Popcorn Chicken           | Crazy Taco                     | Hamburger/Cheese on Bun          | Pizza Sub                 |
|          |    | Steamed Carrots         | Dinner Roll               | tostitos chips / meat / cheese | Baked Beans                      | <u>or</u> Meatball Sub    |
|          |    | Fresh Veggies           | Mashed Potatoes / Gravy   | Graham Crackers                | Cucumber Slices / Carrots        | Green Beans               |
| uit      |    | Baked Apple Slices      | Fresh Broccoli            | Corn / Salad Blend             | Peaches                          | Fresh Veggies             |
|          |    | Choice of Milk          | Pineapple                 | Applesauce                     | Choice of Milk                   | Orange Wedges             |
|          |    |                         | Choice of Milk            | Choice of Milk                 |                                  | Choice of Milk            |
|          | 22 |                         | [ <del>-</del> *          | 24                             | 25                               | 26                        |
| 6        |    | Chicken Nuggets         | COOK'S CHOICE             | COOK'S CHOICE                  | COOK'S CHOICE                    |                           |
|          |    | Dinner Roll             |                           |                                |                                  |                           |
| <u> </u> |    | California Blend        |                           |                                |                                  |                           |
|          |    | Fresh Broccoli          |                           |                                |                                  |                           |
| ÷.       |    | Pears                   |                           |                                |                                  |                           |
|          |    | Choice of Milk          |                           |                                |                                  |                           |
| ,        | 29 |                         | 30                        | 31                             |                                  |                           |
|          |    |                         |                           |                                |                                  |                           |
|          |    |                         |                           |                                |                                  |                           |
| d        |    |                         |                           |                                |                                  |                           |

#### LUNCH PRICES \$2.25 - Reduced \$.40

## LUNCH INCLUDES

Entrée 2 Vegetables / 1 Fruit Choice of Milk

#### **IN PLACE OF ENTRÉE**

Tuesday - Pizza Wednesday - Cook's Choice Thursday - Pizza

#### **FRUIT**

Fruit of the Day, Fresh Fruit or 100% Fruit Juice

#### **MILK**

Chocolate FF or White %

# Free & Reduced Price Meal Applications

May be submitted anytime.
Applications available in
Final Forms, school office,
BCS website or
call 593-9060 ext. 3309

If application is approved "school fees" may be waived

#### " BREAKFAST "

Serving: 7:05am - 7:20am
Free to All Students
You May Choose 2 Fruits

### Weekly Breakfast Menu

| Monday                  | Tuesday          | Wednesday      | Thursday                   | Friday             |
|-------------------------|------------------|----------------|----------------------------|--------------------|
| Mini Pancakes <u>or</u> | Cinnamon Bun     | Cook's Choice  | Mini Cinnis <u>or</u>      | Pop Tart <u>or</u> |
| Mini Waffles            | <u>or</u> Muffin | Assorted Fruit | Cereal Bar / String Cheese | Mini Pancakes      |
| Assorted Fruit          | Assorted Fruit   | Choice of Milk | Assorted Fruit             | Assorted Fruit     |
| Choice of Milk          | Choice of Milk   |                | Choice of Milk             | Choice of Milk     |

This institution is an equal opportunity provider.